

## GUIDE FOR INTERNATIONAL STUDENTS

## 2022-2023

## **Table of Contents**

The University of Almeria	
University services	3
Vice-Rectorate for Internationalization	3
Campus	
Your mobility at the UAL	5
International Relations Office	5
Academic Calendar	6
Course Offer	6
Courses Taught in Foreign Languages:	6
Get ready for your stay	
Begin your register as a UAL student	7
Documents	
Passport	7
Visa	7
Health Insurance	8
Specific Information for Erasmus+ KA107 program	9
Grant agreement Erasmus+ KA107	10
Specific Information ISEP program	
Specific Information PIMA program	11
Learning Agreement	
Academic Coordinator	12
University Ombudsman	13
Obligations of International Students	13
Useful links	14
Check List	15
On arrival	15
Buddy Program (Programa Mentor) for International Students	16
Welcome Conference	16
Practical matters	
Accommodation	17
Opening a Bank Account	17
How to obtain a NIE -Orientative	18
Hospitals and medical centers in Almeria	
Information on the measures taken against Covid-19 at the UAL	19
Library	20
Internet access	21
Sports	21
Language Centre	
Meals and coffee shops	
University Employment Service	
Erasmus Students Network (ESN)	23
Living in Almería	24
Cost of living	24
How to arrive in Almería	25
Monuments and museums	
Annex 1: Academic calendar 2021-2022 Bachelor's Degrees	
Annex 2: Academic calendar 2021-2022 Master's Degrees	32

# The University of Almeria

Code Erasmus: E ALMERIA01 Code PIC: 999884440 Universidad de Almería Ctra. Sacramento s/n La Cañada de San Urbano 04120 - Almería

The University of Almería is **one of the youngest and most dynamic universities of Spain**, with more than 12,000 students, 600 PhD students, 100 research groups, and more than 800 lecturers. The university was created by the Andalusian Parliament in 1993 at the behest of the Autonomous Government of Andalusia.

Nowadays, the University of Almería offers the possibility of studying a range of **34 Bachelor's Degrees, 14 Doctoral programs, 44 official and own Master's programs**. The University is also proud of its modern facilities among which we can find four lecture theatres buildings, an auditorium, an indoor sport centre with a swimming pool and outdoor sport tracks and tennis courts. Apart from the Bachelor's Degree courses, the student can choose from a **broad range of studies designed by the UAL called** "*Enseñanzas propias*" (courses, specialist courses, expert courses, Master's programs, etc.) and a **large offer of cultural and sport activities**, which intend to satisfy academic and non-academic demands, coming not only from the university community but from the society in general. There are more than 20 summer courses every year, which are followed by more than 1300 students. The University of Almería has a solid commitment with research and investigation, featuring in the **third position of the Andalusia scientific production ranking**, with 300 research contracts signed with companies, 70 patents registered and 700 published works.

## University services

### Vice-Rectorate for Internationalization

The Vice-Rectorate for Internationalization has the following functions:

- To promote the international vision of UAL.
- To foster international mobility of students, teachers and staff.
- To promote programs of cooperation with international academic institutions
- To improve the quality of teaching, research and training.

Address: Pita Building, first floor. Office Phone: +34 950 01 58 12 Fax: +34 950 01 58 12 E-mail: vicintern@ual.es Opening hours: Monday to Friday: 09:00 a 14:00. Previous appointment: https://citaprevia.ual.es/inicioexterno.aspx

Campus Virtual Visit



## Your mobility at the UAL

## International Relations Office

The **International Relations Office** is the administrative service of the University of Almeria responsible for channeling all Internalization and Mobility Programs. The IRO provides information and assistance to students who may have doubts or concerns during their stay in Almería.

The UAL participates in the following exchange and mobility programs:

**ERASMUS+:** KA103 mobility students from the 28 Member States of the EU, the 3 countries of the European Economic Area (Iceland, Lichtenstein and Norway) and Turkey, within the framework of bilateral agreements. KA107 Mobility Program with partner countries and the European Union.

**ANUIES-CRUE:** Exchange Program with Mexican Higher Education Institutions.

**PIMA:** Program for Academic Exchange and Mobility. The aim of this program is to strengthen inter-university cooperation and encourage the development of the Latin American dimension in higher level education, through multilateral higher level student exchange projects in the region. This program is promoted by the OEI and the Regional Government of Andalusia (Junta de Andalucía).

**ISEP: International Students Exchange Programs**. This Mobility Program gives access to a wide range of institutions of higher education in USA, Africa, Asia, Europe, Latin America, the Middle East and Oceania.

**UALMUNDO:** Mobility Program of the University of Almería addressed to students from the UAL and countries whose universities has a entered a valid agreement with the UAL. We receive students from Argentina, Australia, Brazil, Canada, China, Ecuador, India, Mexico, Panama, Uruguay and USA, among others.

SICUE: National Mobility Program between different Spanish Universities.

Address: PITA Building (30 on the map) Ground floor.

**Customer service hours**: Monday to Friday 09.00 to 14.00. Previous appointment: <u>https://citaprevia.ual.es/inicioexterno.aspx</u>

For any questions or doubts, you can contact us via CAU or Consultation Formhttps://www.ual.es/contacta.HelptowritethroughCAU:https://www.ual.es/application/files/6716/1607/1173/HELP\_IICAU\_ENGLISH\_VERISON.pdf

## Academic Calendar

The academic year consists of two semesters:

First Semester (Undergraduate studies)	Second Semester (Undergraduate studies)
Classes begin on September 12 <sup>th</sup> Christmas holidays: December 23 <sup>th</sup> 2022 to January 8 <sup>th</sup> 2023 Examination period: January 10 <sup>th</sup> to 20 <sup>th</sup> 2023*	Classes begin on February 8 <sup>th</sup> 2023 Easter holidays: April 3 <sup>th</sup> to April 9 <sup>th</sup> 2023 Examination period: June 1 <sup>st</sup> to 12 <sup>th</sup> 2023*

\*Period for extraordinary examinations: January 27<sup>th</sup> to February 7<sup>th</sup> 2023 (first semester) and June 20<sup>th</sup> to July 1<sup>st</sup> 2023 (second semester) for non-passed subjects in the ordinary examination call.

First Semester (Master's studies)	Second Semester (Master's studies)
Classes begin on October 4 <sup>th</sup> Christmas holidays: December 23 <sup>nd</sup> 2022 to January 8 <sup>th</sup> 2023 Examination period: January 27 <sup>th</sup> to February 3 <sup>th</sup> 2023*	Classes begin on February 23 <sup>rd</sup> 2023 Easter holidays: April 3 <sup>rd</sup> to April 9 <sup>th</sup> 2023 Examination period: June 5 <sup>th</sup> to 10 <sup>th</sup> 2023*

\*Period for extraordinary examinations: February 13<sup>th</sup> to18 <sup>th</sup> 2023 (first semester) and June 19<sup>th</sup> to 26<sup>th</sup> 2023 (second semester) for non-passed subjects in the ordinary examination call.

Academic Calendar for Undergraduate and Master's Degrees in this link and in the appendix: <u>https://www.ual.es/en/estudios/academiccalendar?idioma=en\_GB</u>

## Course Offer

There is a wide catalog of subjects available for the different Bachelor's Degrees <u>http://cms.ual.es/UAL/estudios/grados/index.htm</u> and Master's degrees <u>https://www.ual.es/estudios/masteres</u>. You can also use this consultation guide: <u>https://www.ual.es/application/files/2416/1657/6083/plurilin19-20-4.pdf</u>

## Courses Taught in Foreign Languages:

International students also have a wide catalog of subjects that are taught in different languages depending on the field of study. You can check the <u>list</u> of subjects available in other languages published on the "Academic Information" section of the <u>International Students</u> website (subject to modifications until the beginning of the academic year). Or see the information contained on the Study Plans directly. Find help here:

https://www.ual.es/application/files/2416/1657/6083/plurilin19-20-4.pdf

## Get ready for your stay

## Begin your register as a UAL student

You will receive an email in order for you to complete the information of your stay using a login and password of access to the UMove online platform. From that moment, all the information from our part will be communicated through that platform. *You must pay attention to our messages*. If your need to contact us, please use our system for students enquiries CAU cau.ual.es. Help: https://www.ual.es/application/files/6716/1607/1173/HELP\_II\_CAU\_ENGLISH\_VERISON.pdf

## **Documents**

#### Passport

We strongly recommend students to check their passport expiration date in advance in order to make sure the expiration date last longer than six months prior to finalize your mobility period.

Action: Check your passport expiration date, and if it is necessary you should get a new valid one. Please, do it as soon as possible.

#### Visa

The first step regarding the preparation of your mobility is obtaining the visa. Please notice that, in some cases, this process may take several months to be concluded. Therefore, immediately after receiving the selection confirmation by your home university, you should contact the Consulate or Embassy of Spain closest to your residence (follow link) and request information about all the documents that you should provide and all procedures that you should follow.

Also, the International Office of the University of Almería will send you updated information about specific visa requirements.

All visa procedures depend on a valid passport expiration date. International students and researchers wishing to study or conduct research in Spain must be in possession of a visa in order to be able to reside legally in the country. It is not advisable to come to Spain with a tourist visa our without visa at all if your national passport allows it, given that the duration of your mobility is longer than the period of stay permitted in these two circumstances. You must have a student visa before arriving into Spain, as you will not be able to apply for it once in the country and yet you will need to leave and enter again.

For studies and research periods lasting less than three months, no student visa is necessary, unless the interested party is from a country for which a visa is required as a standard practice.

If you will need to open a Spanish bank account, please check the guide section "Opening a bank account" to take into account visa requirements.

To apply for a visa you need to submit the following documents: <u>https://www.exteriores.gob.es/en/ServiciosAlCiudadano/Paginas/Servicios-consulares.aspx</u> (Consular services)

#### **Students from Non-European Union countries**

Foreign citizens from non-EU countries who wish to study or do research in Spain for a period exceeding 3 months must apply for a study visa in the <u>Consulate or Embassy</u> of their country of origin or legal residence.

The following documents are required to process the study visa: https://www.exteriores.gob.es/en/ServiciosAlCiudadano/Paginas/Servicios-consulares.aspx

For studies and research periods lasting more than six months, visitors must apply for both a visa and a student's residence card in Spain. The student must begin the application process within a month of his/her arrival in the country. The student's residence card is processed at the Oficinas de Extranjería (Foreign Nationals Offices) of the Spanish Police.

#### Important information for students requesting a long term visa to Spain.

It is not possible to enter Spain with a tourist visa and then apply for a study visa. Students entering the country only with a tourist visa will have to return to their country of residence and obtain the visa there.

Action: gather the information we will provide you with; set an appointment at the Embassy; apply for a visit; collect your visa. Upload your passport and Visa. **Warning:** If you have a passport that allows you to enter in Spain without a visa (for example, from the USA), please notice that you **still** need a visa, since your mobility period will be longer than the tourist permission of stay.

Researchers or lecturers who have entered Spain

with a residence visa which allows them to work without obtaining a work permit, must begin the procedures for obtaining a resident's card within 30 days of their date of arrival in Spain.

#### Health Insurance

<u>Students from the EU</u>: The European Health Insurance Card is valid for all European citizens who are spending a period of time in any country of the European Economic Space, that is, the European Union, Norway, Iceland and Switzerland.

The students should contact the authorized insurance agency of their country of origin and apply for the European Health Insurance Card.

However, the European Health Insurance Card has a very limited coverage. **Health insurance, civil liability and accident insurance is mandatory as well as repatriation in addition we strongly recommend travel insurance** for all Erasmus+ exchange students participating in a study period at the University of Almería.

<u>Students from non-European countries</u>: A private insurance is compulsory. The insurance must include repatriation. Health insurance, repatriation, civil liability and accident insurance is obligatory furthermore we strongly recommend travel insurance.

## Specific Information for Erasmus+ KA107 program

For students of this program, in order to plan for your funding needs, you should be aware of the total amount of your grant and the timing of the payments you will receive.

As stated in the information your home university has provided you with, your Erasmus+ grant includes 850 Euros/month corresponding to individual support, plus a contribution to travel expenses that will depend on the distance<sup>1</sup>. You should upload to the platform all the tickets & boarding cards of the travel itinerary (from your home to the UAL).

This money is more than enough to live in Almería (a regular student shouldn't need more than  $\notin 600$  a month). Nevertheless, we want to **strongly** advise you to administer your money with care and be aware that the final payment may not arrive before your departure.

Please be aware that your scholarship will cover you for the official study period according to the academic calendar. In most of the cases this amounts to less than 5 complete months. In such cases, the scholarship for the month will be calculated per day spent at UAL (for example, if you spend only 4 months and 3 days at UAL, you would receive the regular €850 per month and €28.33 per each of the 3 days).

It is absolutely necessary to have a Spanish bank account to receive the payment.

We recommend you to start the steps to open it as soon as possible (please check section "Opening a bank account" in this guide and on the website http://cms.ual.es/UAL/en/comunidad/estudiantes/internacionales/miestancia/index.htm)

The grant will be paid in the following installments:

• 1<sup>st</sup> one (30 % of the total amount, plus travel expenses contribution): After a) your LA and GA are signed and uploaded; b) you have enrolled at UAL; c) you have done your check-in at the International Relations Office; d) you have filled in, signed and uploaded your Addendum with your Spanish bank account number. All students coming from Armenia, Irak, Moldavia, Montenegro and Syria will have an automatic extra payment of  $\notin$ 60 as a contribution of the UAL for the VISA fees expenses.

• 2<sup>nd</sup> one (55% of the total amount) after 45 days from your arrival.

•  $3^{rd}$  (remaining 15% of the amount, adjusted to your mobility dates): at the end of your stay. One month before your departure, you will receive an EU survey. Once you fill it we will start arranging for your last payment, which will be adjusted to your real mobility dates. In order to do so, we will also require you to upload to the mobility platform your return ticket.

<sup>&</sup>lt;sup>1</sup> Per participant: from 100 to 499 KM, 180€; from 500 to 1999 KM, 275€; from 2000 to 2999 KM, 360€; from 3000 to 3999 KM, 530€; from 4000 to 7999 KM: 820€; 8000 KM or more, 1100€. To check the distance from UAL to your home University, use <u>http://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\_en</u>

Action: Sign and upload the Addendum (with the Spanish bank account).

Action: Fill the UE survey, send us your flight ticket, and upload (in case) the modifications of the LA signed by you and your home University

Action: Bring enough funds to cover your expenses for the first month. We would recommend a minimum of 600€. Take into account the change of your currency in euros.

**IMPORTANT**: these conditions are merely indicative and they may change. In any case, the conditions established in the Grant Agreement document signed by the student and the University of Almeria will prevail.

#### Grant agreement & Adenda Erasmus+ KA107

The Grant Agreement is one of the most important mobility documents. It sets the terms and conditions of your scholarship, as well as your rights and obligations as scholarship holder. It will be available for be signed with Google Authenticator - you must read it thoroughly and sign it . The Adenda to the Grant Agreement requires additional information that you will have to provide once you arrive at UAL (bank account number) this document must be signed with Google Authenticator once you have your bank account number type on your Umove (stay).

**Guide Google Authenticator** 

### Specific Information ISEP program

Accommodation (in double room and up to 21 room services) and full food expenses (breakfast, lunch and dinner) will be covered by the University of Almería for all the students coming within **ISEP** Program the **CIVITAS** Residence the who choose to stay at http://www.residenciacivitas.com, or its equivalent of  $\notin 2,750$ .

These benefits (accommodation and food expenses) will be provided for the following periods (\*):

- For autumn semester students: from September 1st 2022 to February 7st 2023, both days included.
- For spring semester students: from February 1<sup>st</sup> to June 30<sup>th</sup> 2023, both days included.
- For annual students: from September 1<sup>st</sup> 2022 to June 30<sup>th</sup> 2023, both days included.

ISEP students will agree to a five-month compromise with CIVITAS Residence following the academic calendar of the UAL: https://www.ual.es/download\_file/view/29919/76688.

There will be a trial period. According to this, the UAL will pay CIVITAS one month for the accommodation and food expenses for those students who initially agreed to lodge in the **Residence**, and eventually declined to do so before September 30<sup>th</sup> 2022 (for the first semester) or February 28<sup>th</sup> 2023 (for the second semester), plus one additional month as penalty fee. The UAL will pay ISEP students € 1,650 to manage their accommodation and food expenses personally for the rest of the semester. Annual students will also receive that amount for the second semester.

The student who resigns to live in CIVITAS Residence after the trial period (after September 30<sup>th</sup> 2022 for the first semester, and February 28<sup>th</sup> 2023 for the second semester) will not receive any payment from the UAL, and yet they will have to pay for their own accommodation and food expenses during the rest of the semester.

Those ISEP students who choose to lodge in CIVITAS and wish to be **picked up and transferred from Almeria Airport to the Residence** on the arrival date **at no cost**, will be required to communicate their request in writing to <u>recepcion@residenciacivitas.com</u> or by phone on the +34 610 047 486, on a 7-days' notice before the arrival. The students must indicate their contact details, flight number, and day and hour of arrival, under the email subject **ISEP TRANSFER**. If these conditions are not met, pick-up and transfer from Almeria Airport to CIVITAS Residence on the arrival date WILL NOT BE guaranteed.

**Other CIVITAS Residence services** for lodgers such as individual room requests, laundry service, etc., **are not included in this agreement** and the UAL will not cover them. CIVITAS and the students will agree on these aspects accordingly.

ISEP students who choose not to lodge at CIVITAS and look for **accommodation providing their own food expenses**, will receive 3.000€ per semester.

Economic fines may be imposed in the event that the student does not complete their stay for the whole semester. Si el estudiante ISEP, en su solicitud, opta por **no residir en CIVITAS y buscar alojamiento y manutención por sus propios medios**, con el asesoramiento de la UAL, recibirá  $3.000 \in$  por cuatrimestre de estancia. The ISEP student should reinmburse to UAL the amount of  $1.200 \in$  if the real stay do not long three months or  $600 \in$  if the real stay is no longer tan four months in a semester period.

(\*) For autumn semester students, the benefits associated to their stay at CIVITAS Residence will be provided during Christmas holidays, according to the academic calendar of the UAL. Those students who intend to stay for this period must inform before December 13th 2022. The students who intend to stay after February 1st 2023 must pay for their own accommodation and expenses.

For spring semester students, the benefits associated to their stay at CIVITAS Residence will be provided during Easter holidays, according to the academic calendar of the UAL. Those students who intend to stay for this period must inform before March 17th 2023. The students who intend to stay after June 30th 2023 must pay for their own accommodation and expenses.

For annual students, the benefits associated to their stay at CIVITAS Residence will be provided during Christmas and Easter holidays, according to the academic calendar of the UAL. The students who intend to stay after June 30th 2023 must pay for their own accommodation and expenses.

### Specific Information PIMA program

PIMA students' grant of €2,500 will be paid in two installments:

- 1st payment (80 % of the total amount): After a) your LA is signed and uploaded to UMove;
  b) you have completed your check-in at the UAL International Relations Office.
- You must open a Spanish bank account to receive your payments.

• 2<sup>nd</sup> payment (20% of the total amount): After you have opened your bank account and you have introduce in Umove your bank account number. You will be paid around 60 days after the arrival date.

**NOTE**: this program has been temporarily suspended due to Covid-19.

## Learning Agreement

You will follow all the steps related to your Learning Agreement in the online platform. Pay attention to your messages in Umove.

You will have access to your Learning Agreement once you receive a confirmation message with the corresponding deadlines. We will inform you accordingly to complete each of the 3 steps of the process.

Don't miss your Learning Agreement and enrollment (matrícula) deadlines!!!							
Step 1	Select courses for your Learning Agreement in UMove platform.						
	We will inform you about the deadlines.						
Paso 2	Upload your Learning Agreement document to make it signed by the UAL.						
	You will only be able to complete this step if you have previously finished STEP 1.						
	It is not compulsory to upload the UMove template of your L.A. Instead, you can upload a different template provided that it contains the same information as in UMove.						
Paso 3	After completing STEP 1, you will have an exclusive deadline to make your enrollment <b>"Automatrícula</b> ".						
	<i>Keep checking our messages.</i> We will send you a link to Access your Automatrícula within the given deadline.						

#### Signing your Learning Agreement:

Your academic coordinator is in charge of signing your documents electronically. Please remember: You will obtain the signature of your Learning Agreement Before the Mobility and During the Mobility documents when uploading them to UMOVE (Step 2).

**IMPORTANT:** please note that all documents must be sent and signed online through the UMOVE platform. Any document to be signed must be uploaded by the student to UMOVE, and after this, the academic coordinator will be able to access it and sign it electronically. For this reason, you must not send or request the signature of your documents to your coordinator through any mean other than UMOVE (i.e. on paper or by email).

#### Academic Coordinator

Your academic coordinator is a UAL professor of your same are of studies. He/she is in charge of the academic issues of international students in the frame of a mobility program at the UAL, especially in relation to academic guidance and acceptance of Learning Agreements and modifications during the mobility.

Your academic coordinator will:

- Help you when selecting your courses. Check, accept and sign your Learning Agreement.
- Help you with any problem regarding your courses, classes or professors. For instance, when two or more courses overlap.
- Guide you in further academic concerns.

**NOTE:** Please note that your Academic Coordinator has numerous obligations (teaching and researching), so please allow them reasonable time to respond to your queries or requests.

**NOTE**: Please note that your Academic Coordinator will be able to support you in any academic aspect (i.e.: problem with a subject, with the timetable, with the Learning Agreement, etc.). However, for any administrative or technical aspect related to your scholarship, to the use of the UMOVE platform or to your AUTOMATRÍCULA, you must contact the International Relations Office via CAU (see section "International Relations Office" above).

#### University Ombudsman

The University of Almería Ombudsman's mission is to supervise and ensure that the rights and legitimate interests of the university community (students, professors and staff) are guaranteed. Students can therefore contact the University Ombudsman to report any situation of helplessness or injustice towards their rights according to the University of Almería Charter.

Reports can be submitted as complaints following these instructions: <u>http://cms.ual.es/UAL/en/universidad/otrosorganos/defensoruniversitario/comoreclamar/index.htm</u>

#### **Obligations of International Students**

International students have the same rights and obligations as local students at the UAL, except for those participation in collegiate bodies. Therefore, they must:

- Register on arrival at the Internatinal Relations Office – PITA Building (number 30 on the map) and hand in any documents required (insurance to prove compulsory health coverage, etc).

- Repect all the institutional rules established at the UAL, such as those related to academic matters (i.e. timetables, class attendance, online participation, etc.), or health (e.i. security measures agains Covid-19 pandemiuc).

- Strictly follow the calendar established by the UAL International Relations Office regarding documents submission deadlines. Students' profiles will be entirely managed online through the UMove platform (i.e. Modifications to Learning Agreement).

- Maintain fluid and constant contact with their Academic Coordinator during their stay at the UAL and, in caso of any academic concern, inform him/her wll in advance in order to find a solution as soon as possible.

- Exemption from the payment of registration fees does not exempt students from paying fees for the use of certain university services under the same conditions as local students.

## Useful links

University Students Charter

Students Performance Evaluation Rules

#### Assessment and Grading System

There are two ordinary examination periods per academic year. See academic calendar for more information on the dates. Students who do not pass their exams during the ordinary period may retake them during the extraordinary exam period. Each student has to attend classes regularly and comply with the teacher's requirements in order to pass their courses. The specific assessment of each of the courses you are enrolled into is available on the teaching guide that you will find on the website by introducing the code of the course. The following is the general grading system:

#### ECTS

- $\begin{array}{l} \mathsf{A} = \mathsf{Excellent} \\ \mathsf{B} = \mathsf{Very} \ \mathsf{good} \\ \mathsf{C} = \mathsf{Good} \\ \mathsf{D} = \mathsf{Satisfactory} \\ \mathsf{E} = \mathsf{Sufficient} \\ \mathsf{F} = \mathsf{Fall} \end{array}$
- \_ = No Results

## Check List

**UAL (10/10)** Matrícula de Honor (>=9 and <=10) Sobresaliente (>=9 and <=10) Notable (>=7 and <9) Aprobado (>=6 and <7) Aprobado (>=5 and <6) Suspenso (<5) No presentado (the student has not attend the exam)

Before your arrival at UAL make sure that:

- You have registered on the UMOVE platform.
- You have an Acceptance Letter.
- You have selected your courses on Umove according to your coordinator at your home university (Step 1).
- You have uploaded on Umove your learning agreement, signed by you and your coordinator at your home University (Step 2).
- You have enrolled the courses you have previously selected and you have filled all your personal data. AUTOMATRICULA (Step 3).
- You have taken out a health insurance covering accidents and common illness, repatriation in case of death or illness (see "Practical matters" Health Insurance below).
- You have signed your Grant Agreement and Addendum (for KA107 students).

#### On arrival

You must come to the International Relations Office on the day of the appointment (previous online appointment required), bring with you your ID card or Passport.Please, upload to the Umove platform your flight ticket or if you come by car a responsible statement signed by you. If you arrive after the orientation days or your appointment is long after your arrival, please bring your flight tickets with you.

Click on this link to obtain your appointment for the International Relations Office. You can get an appointment up to two weeks before <u>Cita previa</u>

## Buddy Program (Programa Mentor) for International Students

The main purpose of this program is to provide international students coming to UAL with some support from the very beginning, thanks to UAL's volunteering mentors, who will guide and help them before their arrival and during their time at Almería.

This initiative aims to help international students to become culturally, academically and linguistically integrated with their new country, city and university.

International students are invited to participate through a registration email that is sent to them 8 to 6 weeks prior to their arrival.

## Welcome Conference



to participate through your email.

The International Relations Office, together with the Vice-Rectorate for Internationalization and the ESN, organize a welcome conference for international students every year. It is important that the international students are present in these days, since they will be able to obtain all the necessary information about their stay in the UAL. The Welcome Conference will take place on the previous days to the beginning of the academic course and also for the second semester. Check the academic calendar. You will receive information about the date and how



## **Practical matters**

## Accommodation



#### http://www2.ual.es/alojamiento/

#### **CIVITAS Residence** <u>http://www.residenciacivitas.com/</u>

Students have the opportunity to stay in the new dormitory of the UAL, for the full year or just for a few days. The dormitory will be open even during the summer months. It is well located, close to bus stops to get to the university, and in an area where students can find shops, sports facilities and entertainment venues. Students can book a room through the above website.

> María Inmacualda Residence Residencia Maria Inmaculada Almeria.

#### Sharing flat with other students...

Students in Almería also live in **shared flats**. The Erasmus Students Association will help you upon arrival to contact other students and landlords so you can settle down as soon as possible. Nevertheless, finding the right place to live could take a few days depending on your needs and budget. You can already start to check out some of the flats available in the following link

They are normally private self-catered flats fully furnished with kitchen, bathroom, a living room and three or four bedrooms. The flats always have blankets, however, they never have towels and sometimes there are sheets available.

A single room costs approximately  $\notin 200$  to  $\notin 300$  per month depending on the characteristics of the apartment. Some options affecting the price may include: en-suite facilities, telephone lines and network connections. You should be required to sign a tenancy agreement. The landlord or intermediate agency may ask for a deposit (usually one or two month's rent). The deposit is refundable if you do not damage the property and pay all bills on the property. It should be refunded to you at the end of the tenancy.

#### **Opening a Bank Account**

We recommend you to begin with the process of opening a Spanish bank account as soon as possible. This way you can have it open faster and you can receive you payment soon. In accordance with Spanish law, all resident and non-resident foreigners with financial affairs in Spain must have:

-A current passport.

-A photo.

-TIN Tax Identification number from your home country.

-NIE Foreigners tax identification number.

While applying for your visa, it is advisable that you ask for a NIE number as you will need it to open a bank account in Spain. In case that your visa does not bare the NIE, some banks may help you in order to apply for it. They may charge you a small amount of money for the procedure. However, if you need to get one by other means you will find useful the information below.

#### How to obtain a NIE -Orientative-

In case there is no NIE number in your visa, you will need a Certificate of residency or nonresidency "Certificado de Residente o no Residente". Applications for that certificate can be made at the Foreign Office (Oficina de Extranjería) at Calle Marruecos 1, always via previous appointment to be set through the following ways:

- By phone: 950 625401;
- · By e-mail: cita.almeria@seap.minhap.es

• By website: Please follow link and choose "Almería" -> Entrar, "Certificado de

residente o no residente" -> Aceptar, and "Entrar" (Oficina Virtual, Extranjeria).

You will also need the following documents:

 $\cdot$  An application form (form EX14), filled out and signed (please check the English or French version for reference, although the Oficina de Extranjería will only accept the Spanish version);

 $\cdot$  Identity card or original passport and photocopy.

 $\cdot$  Acceptance Letter of the University of Almería.

Further information about the procedure and required documents: <u>http://www.interior.gob.es/web/servicios-al-ciudadano/extranjeria/ciudadanos-de-la-union-europea/numero-de-identidad-de-extranjero-nie-</u>

For studies and research periods lasting more than six months, non-EU students must apply for both a visa and a student's residence card in Spain. The student must begin the application process within a month of his/her arrival in the country. The student's residence card is processed at the Oficinas de Extranjería (Foreign Nationals Offices) of the Spanish Police.

### Hospitals and medical centers in Almeria

Upon arrival in Almeria, students who have the European Health Card will have to go to the nearest medical center and fill out an application to register temporarily in the health care system. For this, the student will be required to have an address in Almeria. Once the processing is done, the student will be appointed a doctor, if he/she needs medical assistance.

MEDICA	L CENTE	RS IN ALMERÍA			
CIUDAD JARDÍN/ZAPILLO	Plaza de	España, s/n	950-186-780		
PLAZA DE TOROS	Conde Vi	illamonte s/n	950-175-917		
CRUZ DE CARAVACA	C/ Quint	a avenida s/n	950-18-60-22		
CASA DEL MAR	Pq. Nicol	ás Salmerón, nº 64	950-034-023		
VIRGEN DEL MAR	C/ Haza d	e Acosta,134	950-175-050		
ALMERIA CENTRO	C/ San L	eonardo, 7	950-175-950		
LA CAÑADA	C/ Doctor Acosta, s	r Cristóbal Urrea /n	950-175-703		
NUEVA ANDALUCÍA	Av. Medi	iterráneo, 189	950 18 62 40		
CENTRO DE SALUD ALBORÁN / CORTIJO GRANDE	C/ Las A	lpujarras, s/n	950-186-640		
LOS MOLINOS	C/ Begoñ	a, s/n	950-013-771		
OLIVEROS	C/ Maest	ro Serrano s/n	950-186-190		
VEGA DE ACÁ	C/ Pilar I	Miró, 51	950-012-201		
CENTRO DE SALUD NICOLÁS SALMERÓN	C/ Hospi	tal, 3	950-029-298		
CENTRO DE SALUD MEDITERRÁNEO- TORRECARDENAS	Av. Medi	iterráneo, s/n	950-186-950		
	HOSPI	ΓALS			
SAS-HOSPITAL TORRECARD	ENAS	C/ Hermandad de Donantes de Sangre, s/n 950-016			

SAS-HOSPITAL TORRECARDENAS	C/ Hermandad de Donantes de Sangre, s/n	950-016-000	
CLINICA MEDITERRANEO	Nueva Musa s/n	950-621-063	
HOSP. VIRGEN DEL MAR	Ctra. El Mami a Viator, km1	950-217-100	
SAS -HOSP. ALTA RESOLUCION EL TOYO	C/ La botica s/n	950-158-015	

### Information on the measures taken against Covid-19 at the UAL

As a public institution, the University of Almería complies with all the recommendations and regulations provided by the health services and local, regional, national and international authorities with the aim of stipping Covid-19 spread.

In that sense, the UAL is developing and implementing safety protocols for all members of the University Community. The protocol adopted against the spread of COVID-19 of the University of Almería is a dynamic document constantly updated in line with the changing epidemic scenarios. The last 15<sup>th</sup> of January, this protocol was awarded the Quality Certification for PROTOCOLS AGAINST THE COVID-19 of the Spanish Association for Standardization and Certification (AENOR).

The aim of this is to continue working for the safe use of facilities, activities and services on UAL campus. More information about these measures and other related issues against Covid-19 can be checked <u>here</u>.

## Library

The University Library promotes access and dissemination of information resources both in paper and online, and collaborates in the generation of student knowledge. It is necessary to present the accreditation requested by the library staff.

**Phone**: +34 950 21 40 52 / +34 950 01 57 70 **E-mail**: dirbibli@ual.es **Opening hours:** Monday to Friday: 08:30 a.m. - 9:00 p.m.



Christmas, Easter and Summer: Please consult the correspondent dates.

**Special Time Room:** Every day, 08:30 to 00:00 h, weekends and holidays included. Examination period, open 24 hours.

#### What we offer:

- > Loan
- Use of library facilities
  - Laptop loan
  - Wi-Fi connection
  - 74 fixed computers with Internet connection.
- Users training
- Bibliographic information

You can check the regulations for these loans on the following link.

http://cms.ual.es/UAL/universidad/serviciosge nerales/biblioteca/servicios/ssLINK/REGLAM ENTO\_SERVICIO\_PRESTAMO (acrobat reader required)



#### Internet access

Students have internet access throughout the campus. To connect you will need your UAL username and password. If you need help to connect to the network you can ask at the library, computing services at the 1<sup>st</sup> floor of the Mathematics and Computer Sciences building or ESN office. You can use the computers available in the library, both table and laptops.

#### **Sports**

According to article 202 of the Statutes of the University of Almería "The Sports Service will promote basic university sport, both individual and collective, and will promote the creation of new sports facilities. Members of the university community have



the right to practice Sport and the use of university sports facilities and other concerted by the University under the



conditions established by regulations." The Sports Service covers these objectives through the organization of sports activities in various formats and a wide range of modalities. It is also responsible for the management of university sports facilities.

The university teams participate in tennis, paddleball, soccer, basketball and volleyball competition. There is also an indoor pool, personal training in the fitness centre with sauna, spinning room, complete gym and specialized rooms to practice other activities requested by students.

**Phone:** +34 950 21 42 14 / +34 950 21 42 15

E-mail: deportes@ual.es

**Building 7 on the map** 

#### **Sport Centre Opening hours:**

From Monday to Friday: from 08:30 to 21:30 Saturday: from 09:00 to 13:00

#### **Opening hour of the indoor swimming pool, weight and fitness room and outdoor sport** <u>tracks:</u>

#### Building 10, 33 and 34 on the map

From Monday to Friday : From 09:00 h to 23:00 Saturday: From 09:00 to 14:00 Sunday: 09:00 to 14:00 (Outdoor Sport Tracks)

## Language Centre

The Language Centre at the University of Almería aims to promote foreign language and culture teaching and knowledge for the student community and the society surrounding it.

The Language Centre provides Spanish courses as a way of language and cultural immersion in the vast Spanish speaking community. They provide tailored Spanish courses according to your student's language training needs and preferences: Spanish Language and culture Course, Business Spanish, Spanish as a Foreign Language... As being specifically designed courses for students, customized academic syllabus, dates and timetables are provided (there are morning and afternoon shifts, courses with different duration-one semester/all year/summer courses...).

The Erasmus + K107 students have a 20 hours Spanish Course available for free.

For further information and inscriptions go to the website of the Language Centre: <u>https://clenguas.ual.es/espanol-para-extranjeros/</u>

If you wish, you could also inscribe in other languages courses such as: English, French, German, Arabic, Russian, Italian, Portuguese, or Chinese. You can find all the information about these courses and more on their website. <u>https://clenguas.ual.es/</u>

Address: Central Building, number 2 on the map, ground floor, office 64 Phone: +34 950 01 59 98 Email: clenguas@fm.ual.es

#### Meals and coffee shops

University canteen (Building 6 on the map) Menu: 5 €. Half menu: 4€

#### Cafeterias

- ▶ Cafeteria in the Humanities building 7 Menu 5 €
- > Central building Cafeteria, number 2 on the map
- > CIDU Cafeteria, number 8 on the map
- > Bar Romera, beside number 35 on the map
- > Juice Bar and Cafeteria (Inside Cidu Building), number 8 on the map

#### University Employment Service

The University Employment Service and the Mediterranean Company Foundation of the University of Almeria offer the following programs:

- > Andalusia Orienta: guidance and advice for job search.
- Internship in companies: gives the opportunity to practice in a local company, getting a first contact with the world of work.
- > Placement agency: helps students in finding employment, and companies to find employees.
- > Business creation and self-employment.
- > Practices for graduates.
- Internship abroad: gives the opportunity to do internships in Europe with Leonardo Da Vinci and LLP-Erasmus internship programs.
- > Advise on the creation of technology companies.

Phone: +34 950 01 55 10 E-mail: practicas@fundacionual.es

### Erasmus Students Network (ESN)

**ESN Almería** (Erasmus Student Network) will help you with more practical information regarding issues such as trips, meals system, sports, hiring internet, SIM card, etc. Their office is open from Monday to Friday 10:00 - 13:00 and Tuesday and Thursday: 16:30 - 19:30. You can find more information on the web site: <u>http://www.esnalmeria.org/</u>, or their email address info@esnalmeria.org, or their Social Networks pages.

Asociación Erasmus Almería CIDU Building, 2<sup>nd</sup> floor. Building 8 on the map Tel.: +34950015639

# Living in Almería

## Cost of living

In general, Almeria is not an expensive city to live in. We estimate that the average cost for a student in a shared apartment, including water, electricity and internet, as well as transportation and meals, can be around  $\notin$ 550-600 per month. For those students from countries whose currency is not the Euro, we recommend that you check the exchange rate and get some cash in Euros, as you will need this cash for some of the first few days.

Living in Almería is relatively cheap compared to other European cities.

- Bus: 1,05€ trip cheaper with card
- ♦ Cinema: 8 € (special price on Wednesday = 6€)
- ♦ Shared flat: 200-300 €

#### **Opening hours.**

- Large Supermarkets: Carrefour, Alcampo From 10 to 22 hours.
- Shops and other supermarkets From 9 to 14 and from 17 to 20 hours.
- ✤ Public services: post office, health care, etc. From 9:00 to 14:00 hours.
- Banks: generally from 8:00 to 14:00 hours.

#### Weather

Almería is the sunniest capital in Spain, with a total amount of 3,000 hours of sunshine a year. The climate is subtropical, Mediterranean, warm and humid. A cloudless and bright sky is its most outstanding characteristic.

The average temperature (Celsius degrees)

Mes	Jan.	Feb.	Mar.	Apr.	May.	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.
Average of max. temp	16.9	17.6	19.6	21.4	24.1	27.9	30.5	31.0	28.4	24.5	20.5	17.9
AverageTem p. (°C)	12.6	13.3	15.1	17.0	19.7	23.5	26.1	26.7	24.2	20.4	16.4	13.8
Average min. Temp.	8.3	9.0	10.6	12.5	15.3	18.9	21.7	22.4	20.0	16.3	12.3	9.6

#### **Important Telephone Numbers**

- Ambulances, fire brigade, police, civil protection: 112
- Rescue at sea: 900 202 202
- Civil Guard: 062
- Mational Police: 091

#### Transport:

- Tele Taxi Almería: 950 251111 / Radio Taxi: 950 226161
- Bus Station: 950262098
- Railway Station (RENFE): 950251135
- Urban Buses: 950624735
- Airport: 950213700

#### How to arrive in Almería

By plane: Almería airport is located in the outskirts, approximately 10 Km away from the city centre.

There is a bus route linking the airport with Almería (line 30). Price: 1.05 €. Information about Almeria's airport: <u>http://www.aena-aeropuertos.es/csee/Satellite/Aeropuerto-Almeria/es/Inicio.html</u> Departures from 06:35 to 22:45 every 70 minutes (<u>http://aena.mobi/m/es/aeropuerto-almeria/autobus-urbano.html</u>

Another option is the taxi about 15 € to the center of Almeria

#### By bus:

www.https://www.busbam.com.com (from Madrid)

By train: <u>http://www.renfe.com</u> Phone: 950.25.11.35 6 902.24.02.02

#### By car:

- **From Granada:** 170 km (1h 56 min), motorway A92
- **From Murcia:** 225 km (2h 00h min) motorway A-7, E-15
- **From Malaga:** 216 km (2:30h min) A-7 E-15

#### Moving in Almería city:

#### • <u>By bus</u>

In that link you have information about the routes, maps and prices of urban buses: <u>https://www.surbusalmeria.es/</u>

The bus lines that bring you to the Campus are 11; 12 and 18 Universidad de Almería Carretera Sacramento s/n La Cañada de San Urbano 04120 Almería

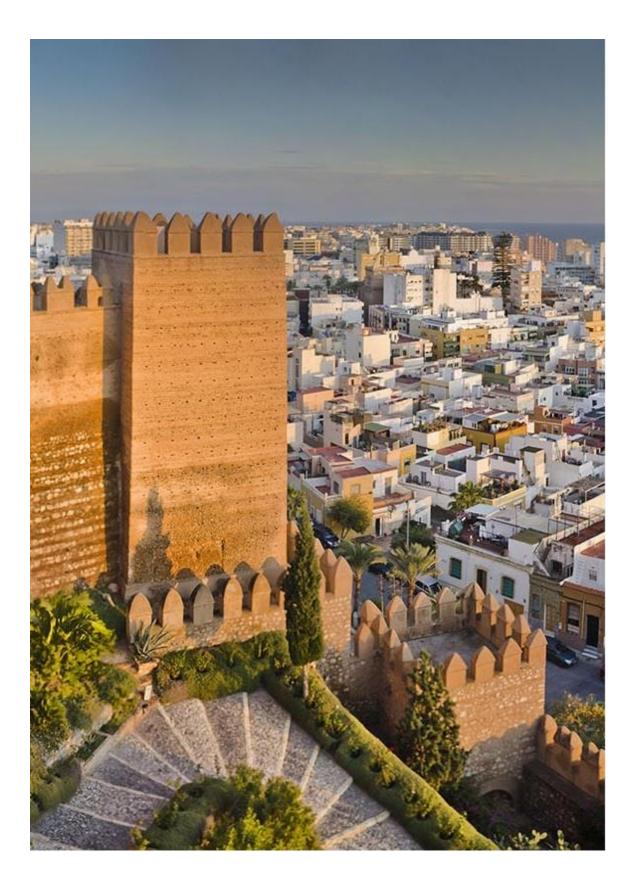
**IMPORTANT**: information on timetables, costs, conditions, etc. of the different services may beaffected by the evolution of the Covid-19 pandemic. Please consult the websites of each of theseservicesforthemostup-to-dateinformation.

## Almería and its surroundings



Almería is located in the southeast of Spain, where we enjoy good weather all year round. Land of incredible contrasts, in Almeria you will find kilometers of beautiful beaches of fine sand, many still virgin going through mountainous formations, to which you will arrive in a very short time, until deserted places that will make you think that you are in another world.

The province has a rich cultural heritage as a result of its history, which can be appreciated in many of its buildings. The word Almeria comes from the Arabic Almiraya, mirror of the sea. Almería developed its Christian roots after the conquest of the city in 1489 by the Catholic Kings, Fernando and Isabel. It was then that it began to form part of the crown of Castile. In 1522, Almeria suffered a strong earthquake that devastated the city. The slow recovery was completed in the 19th century thanks to the mining and export of grapes. During the Spanish Civil War (1936-1939) the city was bombed .Since then, it has strengthened its economy based on vegetable production, with more than 400,000 m2 of greenhouses that supply much of Europe market demand and the tourism, the other great engine of its economy.



## Monuments and museums



Alcazaba of Almería: Built by Abderramán III, it is a Muslim fortress divided into three areas. The first enclosure corresponds to the barrack that was used like refuge in case of siege; The second includes the Arab palace; The third was built by the Catholic Monarchs in the Reconquest.

http://www.rutasconhistoria.es/loc/alcazaba-de-almeria



**Civil War Shelter:** It was built in <u>1938</u> to give shelter to the citizens during the bombings carried out by the Nationalists. Nowadays, it is used as a museum. **Further Information:**<u>https://www.turismodealmeria.org/motivo-tematico/los-refugios-de-la-guerra-civil-espanola/</u>



**Jayrán's Wall and San Cristóbal's Hill**: This wall divides the ravine of La Hoya and arrives until the Hill of San Cristobal. On the hill are the remains of a Christian fortress. The hill is crowned with the statue of the Heart of Jesus, made in 1930.



Archaelogical museum: It houses the archaeological finds of the province from the prehistoric era to the Muslim period. http://www.arqueotur.org/yacimientos/museo-arqueologico-de-almeria.html

**Cathedral:** It is the only fortified cathedral in Spain built in the sixteenth century with a dual function: as a place of worship and for the protection of citizens when pirates attacked the city after the Reconquest.

http://www.spain.info/es/quequieres/arte/monumentos/almeria/catedral\_de\_almeria.html



**Cinema's Museum:** The house of the cinema makes a tour by the cinematographic history of the province of Almeria. https://www.turismodealmeria.org/motivo-tematico/la-casa-del-cine/



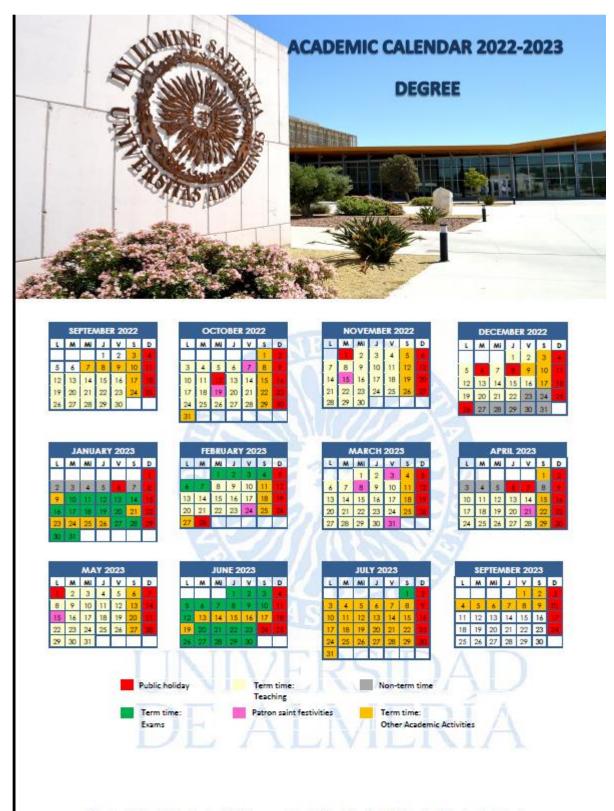
**Cabo de Gata Natural Park:** It is the most extensive protected coastal area of Andalusia, Biosphere Reserve. An incredible landscape of volcanic rock, unspoilt, contrasting dunes of fine sand and spectacular reefs. https://www.cabogataalmeria.com/

**Desierto de Tabernas**: It is considered the only desert in Europe. The site offers a great variety of geological resources. It has a rainfall that does not reach 250mm annual average and a temperature of about 17°C.

. <u>http://www.andalucia.org/es/espacios-naturales/paraje-natural/desierto-de-tabernas/</u>







The days 7, 8 and 9 September 2022 are considered "Teaching Period: Teaching" for the Bachelor's degrees of the Faculty of Experimental Sciences.

